Dear

**Re: Your Type 1 Diabetes Review**

I am writing to everyone who’s diabetes annual review has been delayed because of the coronavirus pandemic. This delay is due to the need to keep patients and our staff safe by applying stricter infection control and social distancing measures.

To ensure that we can look after everyone fairly and safely, NHS England recommends we see the people we are most concerned about first. Unfortunately, this means you may need to wait longer for your diabetes review, though I am hopeful most people will be seen before the end of March 2021.

In the meantime, please call us if you are concerned about your diabetes and we can arrange for a doctor or diabetes nurse to call you, particularly if you are worried about any of the following:

* difficulties with blood glucose (sugar) control or diabetes symptoms more than normal (the 4Ts - toilet, thirsty, tiredness and getting thinner)
* a new foot or eye problem
* recurrent infections
* acute illness including coronavirus
* if you are struggling with your mental health
* if you are a woman who is pregnant or planning pregnancy
* if you have had a recent ambulance call-out, A&E attendance or emergency hospital admission for any cause including diabetes and have not yet heard from us about it

The links below can provide help and support for people living in the Greater Manchester area with access to advice and education:

[www.diabetesmyway.nhs.uk](http://www.diabetesmyway.nhs.uk)

[www.diabetesmyway.nhs.uk/know-more/](http://www.diabetesmyway.nhs.uk/know-more/)

[www.diabetesmyway.nhs.uk/elearning/](http://www.diabetesmyway.nhs.uk/elearning/)

Additional diabetes support is also available at:

<https://www.diabetes.org.uk/type-1-diabetes>

<https://learningzone.diabetes.org.uk>